



FORT LAUDERDALE
COUNSELING AND ASSESSMENT

FEELINGS

- Described with one word
- We can have more than one feeling at the same time
- Can be conflicting



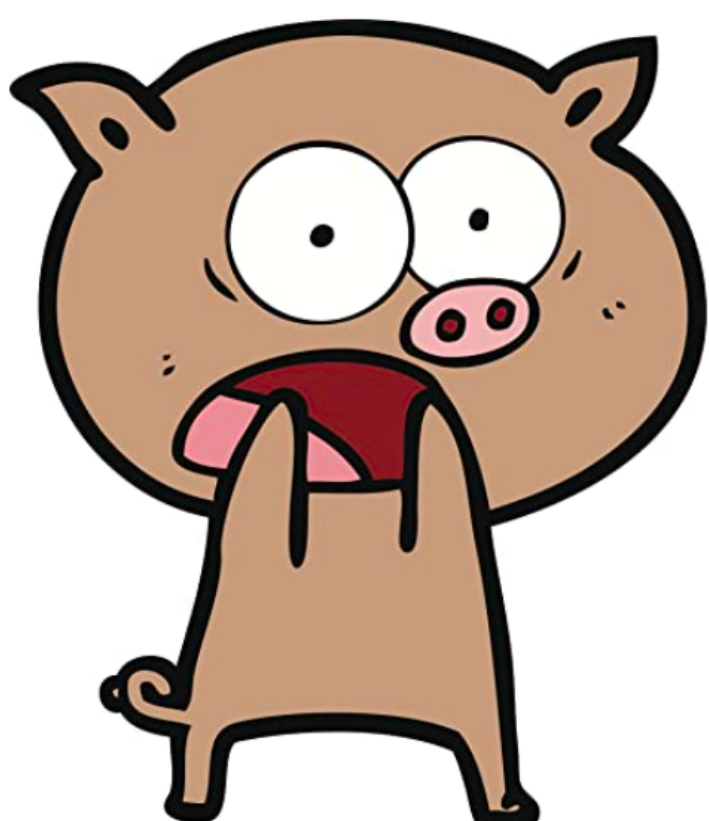
HAPPY



SAD



MAD/ANGRY



SCARED